

Jeffrey L Angart DDS

240 B Market St.

New Albany, OH 43054

614-775-0840

Laser Frenectomy Home Care Instructions

This procedure uses a LASER to remove or loosen a band of muscle tissue that is connected to the lip, cheek or floor of the mouth. It may look like you have an open, diamond-shaped wound when you lift the lip.

Discomfort

It is normal to have some sensitivity once the numbing wears off. The best way to minimize discomfort is to take Tylenol, Motrin or Advil before the anesthetic completely wears off. Most children experience mild discomfort for 1-2 days afterwards.

Eating

Try to avoid hot/spicy foods and citrus foods. These may cause pain. It is also important for you to avoid biting into anything hard for the next 48 hours.

Conditioning the Area

Moisturize the site that was treated with vitamin E several times a day for the next 2-3 days. This will help facilitate healing.

Follow-up appointment

We will want to see you/child at our office in 1-2 weeks to check the healing process.

If you have any questions or concerns please feel free to contact our office