



LASER FRENECTOMY HOME CARE INSTRUCTIONS

This procedure uses a LASER to remove or loosen a band of muscle tissue that is connected to the lip, cheek or floor of the mouth. It may look like you have an open, diamond-shaped wound when you lift the lip.

Discomfort:

It is normal to have some discomfort once the numbing wears off. The best way to minimize discomfort is to take Tylenol, Motrin or Advil before the anesthetic completely wears off. Most children experience mild discomfort for 1-2 days afterwards.

Eating:

Try to avoid hot/spicy foods and citrus foods. These may cause pain. It is also important for you to avoid biting into anything hard for the next 48 hours.

Conditioning the Area:

Moisturize the site that was treated with vitamin E several times a day for the next 2-3 days. This will help facilitate healing.

If you experience significant discomfort or any other concern, please do not hesitate to contact our office at (614) 775 – 0840. An afterhours number is available on our office voicemail should you need it.